LAKE CHAMPLAIN ISLANDS FARM AND FOOD FESTIVAL







Live music from the The Decoys

FREE pizza with local toppings, farmer demonstrations, tastings, kids activities, bicycle smoothies and more!

Cyclists are encouraged to ride the Island Line
Trail and Bike Ferry (open until 6pm) from
Burlington and Colchester.
Favorite self-guided bike routes in the Islands
can be found at www.cycletheislands.com

Sunday, Aug. 28
3:00pm - 6:00pm
Rain or shine
Free entry for everyone!
Drive, walk or cycle in.

Health Hero Farm 350 West Shore Road, South Hero, 05486

For cycling in South Hero, park at the Farm after noon

healthherofarm.com

healthheroislandfarm@gmail.com 802 309 5011

for more information!













